

Combative Arts Experience

Gary A. Cook began training in the combative arts at the age of sixteen in American Jiu-Jitsu, at the Bedford, Ohio YMCA. While a judo student at Kent State University in 1977, an opportunity came to train at the Stark County Sheriff's Department under Master T.R. McClanahan, ninth degree of black belt. Training under Master/Lt. McClanahan was in the styles of Shotokan Karate, Moo Do Won Tae Kwon Do and Judo.

Mr. Cook graduated from the Ohio Peace Officers Training Academy in 1979 and has trained various military, police, private security and parole officers in self-defense, combat and arresting techniques.

Mr. Cook studied under the late Grand Master D. H. Choi, eighth degree of black belt Tae Kwon Do, obtaining a third degree of black belt.

Mr. Cook participated in many tournaments including Judo, Tae Kwon Do and open style. He was Grand Champion of the U. S. Martial Arts Center in 1981.

Instructor Cook taught thousands of students from 1982-1992 as the head instructor at The Martial Arts Center. Eight students received black belts; Ed Rucinski, Linda Kah, Doug Vossler, Chip Closky, Troy Schultz, Pete Metropulos, Vaughn Fink and Scott Stover.

Mr. Cook began exclusively training with Dr. Evan Baltazzi, in the ASP system in 1991, continuing to the present.

Ranks obtained:

9th Degree Black Belt, Life Time Member of the American Self Protection Association.

3rd Degree Black Belt in Tae Kwon Do, United States Martial Arts Center.

2nd Degree Black Belt in Tae Kwon Do, Ku Ki Won, World Tae Kwon Do Federation

1st Degree Black Belt in Judo, United States Judo Association

Certified Ohio Peace Officer Training Academy Graduate

Personal Information

President, Appraisers of Northeast Ohio, Real Estate Appraiser, 1983 to Present

Past President, Paul Harris Fellow, Nordonias Hills Rotary International

September 6, 2002

To Whom It May Concern:

I am very interested in teaching self-defense in Seven Hills. As referenced in the attached qualifications, I owned and taught professionally for ten years at my Martial Arts school in Northfield and Macedonia, Ohio.

Having pursued the real estate profession exclusively for the past ten years, I am again seeking an opportunity to share my knowledge and experience in the Martial Arts. Being a professional, I have limited time to offer, yet am willing to commit to a co-ed self defense program for adults and/or young adults.

Self-defense training is a valuable experience for students. In our society, I feel it is especially important for women to learn to protect themselves. American Self Protection Society has a comprehensive program which teaches effective and efficient self-defense techniques but also common sense philosophy for self-protection.

Dr. Evan Baltazzi, myself and other students would be available for further discussion or a demonstration, if desired. Please refer to our web page at www.americanselfprotection.com for further information, film clips and explanation of our philosophy.

Thank you for your attention and please consider me as an instructor for the citizens of Seven Hills.

Sincerely,

Gary A. Cook